



**VA**  
**HEALTH CARE** | Defining  
**EXCELLENCE**  
in the 21st Century

**VA Health Care Upstate New York**  
**VA Western New York Healthcare System**  
3495 Bailey Avenue | Buffalo, NY 14215  
222 Richmond Avenue | Batavia, NY 14020  
[www.buffalo.va.gov](http://www.buffalo.va.gov)

**FOR IMMEDIATE RELEASE**

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**Diabetes Prevention & Wellness Fair at VA Western New York Healthcare System**

VA Western New York Healthcare System will be holding a Diabetics Prevention & Wellness Fair on Thursday, October 18 from 10 a.m. until 2 p.m. in Freedom Hall. Throughout the fair, there will be speakers to discuss topics such as diabetes nutrition, educational information and health promotion and disease prevention.

Diabetes is a national problem. According to <http://www.diabetes.org/> 25.8 million people in the United States—8.3% of the population—have diabetes, with 7 million undiagnosed cases. The rate of diabetes among VA patients, 16%, is much higher than the general population. Veterans who were exposed to Agent Orange or other herbicides during military service are at risk for developing diabetes and do not have to prove a connection between their disease and military service to be eligible to receive VA disability compensation.

Attendees can learn ways to prevent and manage diabetes. Cooking demonstrations will be offered, teaching helpful ways to manage dietary needs for diabetic control. In addition, flu shots will be available for eligible veterans.

For more information call 862-7374 or visit [www.buffalo.va.gov](http://www.buffalo.va.gov) or [www.facebook.com/VAWesternNY](http://www.facebook.com/VAWesternNY).

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