



## **NEWS RELEASE**

**FOR IMMEDIATE RELEASE**

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Contact: Evangeline Conley, Public Affairs Officer  
Phone: (716) 862-8753 Cell: (716) 512-9338  
Fax: (716) 862-8755  
E-mail: [Evangeline.Conley@va.gov](mailto:Evangeline.Conley@va.gov)

### **Veterans Learn Skill of Outrigger Canoeing**

Veterans will get a chance to learn the skill of outrigger canoeing at Amherst Veterans Canal Park on Tonawanda Creek/Erie Canal on August 14 and 28 and September 4 and 11 from 1 to 3 p.m. In coordination with Cape Ability Outrigger Ohana Inc., Disabled Sports USA and VA Western New York Healthcare System, Veterans will team up with other Veterans to paddle 30-foot, double-hulled Hawaiian outrigger canoes rigged catamaran-style for safety.

This inclusive sport allows adults with disabilities an opportunity to gain confidence and dignity while participating in an athletic activity with their families and fellow Veterans. Members of the 7-person teams will develop skills that will enable them to successfully participate in recreational, fitness and competitive outrigger canoeing sports opportunities.

“Outrigger canoeing is a great sport Veterans can enjoy in the summer and fall. We are thrilled to offer this recreation therapy program that fosters teamwork and a chance to enjoy the outdoors,” said Pam Kaznowski, Recreational Therapy Supervisor, VA WNY Healthcare System. To participate in this recreation therapy program, Veterans may call 716-862-6814.

Directions for media: 131 Brenon Road, Buffalo 14228 Going north from Bailey Avenue/US-62, turn left at Eggert Road (0.5 miles). Turn right at Niagara Falls Blvd. (4.4 miles) Turn right at Tonawanda Creek Road (1.8 miles). Turn left at Brenon Road (0.2 miles).

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