



FOR IMMEDIATE RELEASE

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**VA Western New York Healthcare System Celebrates
“Go Red from Heart to Heart”**

To encourage awareness of the issue of women and heart disease, VA Western New York Healthcare System is encouraging everyone to wear red on Friday, February 22. **"Go Red From Heart to Heart"** will take place at the Buffalo VA Medical Center, 3495 Bailey Avenue, with educational and fun activities throughout the day.

From 7 a.m. to 9 a.m., educational literature and signature red pins will be distributed to Veterans, employees and visitors in the lobby on the first floor. From 11 a.m. to noon in Freedom Hall, educational presentations coordinated by Beth Henry, MS, RN – BC, Health Promotion Disease Prevention Program Manager, will include Signs of a Heart Attack or Stroke, Tips for Healthy Mental Health and Heart Disease and Physical Activity.

“Go Red: From Heart to Heart” Fashion Show will take place from noon to 1 p.m., highlighting fashion from employees, Veterans and community partners. Fashion judges will consist of representatives from VA leadership, and community partners from The American Heart Association and The Links Incorporated – Erie County Chapter.

Everyone is invited to attend the events, which are sponsored by VA Western New York Healthcare System’s Minority Veterans Program Committee, Women Veterans Health Committee and African American Special Emphasis Program Committee.

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